



# Academy of Amiens

Support services in English for students

Updated November 2021 - [www.student-support.info](http://www.student-support.info)

# Services available for all students

## **Happsy Hours (Apsytube)**

**With English availability: Happsy Hours take place at the CROUS d'Amiens for all students in the académie**  
French, English

At the CROUS d'Amiens, the Apsytube organisation offers "Happsy Hours": free face-to-face counselling sessions with a psychologist. Sessions focus on helping the student develop solutions to their problems (stress, depression, sleep, self-confidence...). The first appointment can be extended to a multi-session plan. Some universities run the sessions as a drop-in while others require a booked appointment. More information on the Apsytube website.

**More info on Happsy Hours:**

<https://www.apsytude.com/fr/apsytude/nos-actions/happsy-hours/>

**Map of all Happsy Hours, dates and times:**

<https://www.apsytude.com/fr/ou-sommes-nous/happsy-hours/>

**Book an appointment :**

<https://www.apsytude.com/fr/prendre-rendez-vous/>

**06 27 86 91 83**

[rdv.apsytude@gmail.com](mailto:rdv.apsytude@gmail.com)

## **Santé Psy Étudiant**

**All students**  
French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

**More information and the list of psychologists :**

<https://santepsy.etudiant.gouv.fr/>

<p><b>Maison de l'adolescent (MDA)</b></p> <p>Available to anyone, up to 21 years old</p> <p>French, Italian and English</p>	<p>Open from monday to friday, from 8.30am to noon and from 1.pm to 5.pm at the MDA of Amiens</p> <p>Open from Tuesday to Friday, from 8.30am to noon and from 1.pm to 5.45pm at the MDA of Abbeville.</p> <p>Physical consultations.</p>	<p>Amiens: 03 60 03 90 90 Abbeville: 03 60 03 90 50</p> <p><a href="mailto:maisondesadolescents@so-mme.fr">maisondesadolescents@so-mme.fr</a></p>
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## Specific services for certain students

Depending on your university or where you live.

<p><b>SSU de l'Université de Picardie Jules Verne (UPJV)</b></p> <p>Students from the university of Picardie Jules Vernes</p> <p>Possibility for a English translator</p>	<p>Free phone consultations.</p> <p>Open Monday - Thursday, from 8.30am to 4.30am and Friday, from 8.am till noon. (sometimes available in the afternoon).</p> <p>One week waiting time</p>	<p><a href="mailto:ssu@u-picardie.fr">ssu@u-picardie.fr</a></p> <p>Go to doctolib to choose an online consultation slot:</p> <p><a href="https://www.doctolib.fr/eta-blissement-de-prevention/amiens/service-de-sante-universitaire-universite-de-picardie-jules-verne">https://www.doctolib.fr/eta-blissement-de-prevention/amiens/service-de-sante-universitaire-universite-de-picardie-jules-verne</a></p>
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## CMP

The Centres Médico-Psychologiques, to which you are assigned depending on where you live (sector), are often able to offer support, see below. For Amiens, [click here for more information.](#)

<p><b>CMP CHS Pinel Amiens Rue Delpech</b></p> <p><b>People who live in the sector 80G08</b></p> <p>French, English and possibility for a translator.</p>	<p>Open from Monday to Friday, from 9.am to 5.pm</p> <p>Physicals or phone consultations.</p>	<p><b>Tel: 03 22 45 46 82</b></p>
<p><b>CMP CHS Pinel Amiens Rue du Vivier</b></p> <p><b>People who live in the sector 80G01</b></p> <p>French, English and possibility for a translator.</p>	<p>Open from Monday to Friday, from 8.30am to 5.pm and Saturday morning, from 8.30am to 12.30am.</p> <p>Phone or physical consultations.</p>	<p><b>Tel: 03 22 45 46 79</b></p>
<p><b>CMP d'addictologie Rue Saint Fuscien</b></p> <p><b>People who live in Amiens</b></p> <p>French, English and possibility for a translator.</p>	<p>Open from 9.am to 4.pm for consultations</p> <p>Physical consultations.</p>	<p><b>Tel: 03 22 53 46 32</b></p>