



Academy of Caen

Support services in English for students

Updated November 2021 - www.student-support.info

Support services available to all students

Santé Psy Étudiant

All students

French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

More information and the list of psychologists :
<https://santepsy.etudiant.gouv.fr/>

Support services specific to some students

Depending on your higher education institution or student residence

<p>SUMPPS of the University of Caen Normandie</p> <p>For students of the university of Caen</p> <p>French, English</p>	<p>Open on Monday to Friday at 8:30 am. to 5:00 pm.</p> <p>For any medical visits, contact their office by phone to make an appointment.</p> <p>For more information you can contact them by mail or phone, or visit their website.</p> <p>The SUMPPS also offers psychological support with the possibility to get an ad hoc or continuing consultations with a psychologist.</p>	<p>02 31 56 52 30</p> <p>sumpps@unicaen.fr</p> <p>Website : http://vie-etudiante.unicaen.fr/sante-handicap/consultations-specialisees/</p>
<p>FCBN - Fédération Campus Basse-Normandie</p> <p>For students of the campus Basse-Normandie</p> <p>French, English (Possibility to find a way to speak in others languages as well)</p>	<p>The FCBN is led by the students, they offer a safe space where their fellow students can come to talk and be listened to.</p> <p>They offer this student support when you need it, and can help you by guiding you to the right support when you don't know where to start.</p> <p>You can reach out to them for more information preferably on their facebook page or directly at their office.</p>	<p>06 67 82 71 52</p> <p>vosdroits@campusbn.org</p> <p>Facebook page: https://www.facebook.com/LaFCBN/</p> <p>Address : Université de Caen CS, Esplanade de la Paix 14032 Cedex 05</p> <p>Website : http://www.campusbn.org/</p>
<p>Espace santé SciencesPo Le Havre</p> <p>Étudiant-e-s de Science Po Le Havre</p> <p>Students of Science Po Le Havre</p> <p>French, English</p>	<p>The Sciences Po Health Unit is present on each campus and is composed of general practitioners, nurses, psychologists and psychiatrists.</p> <p>Consultations are held in French or English and are free and confidential.</p> <p>The health center is located at the back of the building, with direct access from the outside.</p> <p>Some doctors consult by appointment only: in this case, appointments are made by email.</p>	<p>alexandra.gravier@sciencespo.fr</p> <p>www.sciencespo.fr/students/fr/vivre/sante/pole-sante.html</p>

	Psychology (by appointment) Isabelle Heizer, psychologist	
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