



Academy of Guadeloupe

Support services in English for students

Updated November 2021- www.soutien-etudiant.info

Support services available to all students

Santé Psy Étudiant

All students

French, and other languages depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

More information and the list of psychologists : <https://santepsy.etudiant.gouv.fr/>

CMP

The Centres Médico-Psychologiques, to which you are attached depending on your place of residence (sector), are often able to offer support, see below or check on the website with the following link: <https://www.etablissementsdesante.fr/> and <https://sante.fr/>