



# Academy of Orléans - Tours

Support services in English for students

Updated November 2021 - [www.student-support.info](http://www.student-support.info)

<p><b>Santé Psy Étudiant</b></p> <p><b>All students</b> French, and other languages depending on the psychologist</p>	<p>Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.</p> <p>To access this free support, students must first get a referral letter from a GP (not necessarily from their university health service, they can be private as well).</p> <p>A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.</p>	<p><b>More information and the list of psychologists :</b> <a href="https://santepsy.etudiant.gouv.fr/">https://santepsy.etudiant.gouv.fr/</a></p>
<p><b>PAEJ Le pass'age</b></p> <p><b>Open to anyone from 11 to 25 years old</b></p> <p>French, English, Spanish, German</p>	<p>A space for listening, exchanges and support. Runs "Espace Vie Sociale" workshops with over-25s.</p> <p>Open Monday–Friday, 9am–12pm and 1pm–5:30pm. Meetings possible over the phone, video call, or in-person.</p>	<p><a href="mailto:pass-age@acep-asso.fr">pass-age@acep-asso.fr</a></p> <p><b>06 83 45 87 47</b></p>
<p><b>Espace Santé Jeunes</b></p> <p><b>Open to anyone up to 25 years old</b></p> <p>French, English, Arabic</p>	<p>Follow up appointments with professionals by face-to-face or phone appointments in French, English and Arabic.</p> <p>Open from 3.30pm to 6.30pm from Monday to Friday and up to 8.30pm on Thursday.</p> <p>The service is available from 9a.m. to 12a.m. by phone, meeting only with appointment.</p>	<p><b>02 47 05 07 09</b></p> <p><a href="mailto:espacesante.jeunes37@wanadoo.fr">espacesante.jeunes37@wanadoo.fr</a></p>

**Plateforme du Crous  
(Pros-Consulte)**

**All students**

French, and other languages  
depending on the psychologist

The CROUS has organised a free  
hotline service with psychologists;  
available 24/7.

Online chat available on the  
website.

**0 800 730 550**

[www.pros-consulte.com](http://www.pros-consulte.com)