



Academy of Rennes

Support services in English for students

Updated November 2021 - www.student-support.info

Support services available to all students

<p>Santé Psy Étudiant</p> <p>All students French, and other languages depending on the psychologist</p>	<p>Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.</p> <p>To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).</p> <p>A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.</p>	<p>More information and the list of psychologists : https://santepsy.etudiant.gouv.fr/</p>
<p>BAPU de Rennes</p> <p>Any student</p> <p>French, English, Spanish</p>	<p>BAPU schedule : open Monday to Friday at 9am to 7pm and on Saturday at 9am to 1pm.</p> <p>The BAPU of Rennes welcomes students, in person and by appointment from Monday to Saturday. Make a call or send an email to get an appointment.</p> <p>Psychological support is also available on the phone, by psychologists, psychiatrists, and specialised nurses.</p>	<p>02 99 30 81 24</p> <p>bapu.rennes@wanadoo.fr</p> <p>Address : 11 boulevard de la Liberté 35000 Rennes</p> <p>Website: http://www.anpaa-bretagne.fr/bapu</p>

Support services specific to some students

Depending on your higher education institution or student residence

<p>Happsy Hours (Apsytube)</p> <p>With English availability: Specific Happsy Hours take place on campus in the following universities, for students attending these universities: The Institut Catholique of Rennes, l'IHECF, UniLaSalle - Ecole des métiers de l'environnement, LISAA Rennes. And also for residents students of the Crous Rennes-Bretagne</p> <p>French, English, other languages dependent on the psychologist</p>	<p>In some universities, the Apsytube organisation offers "Happsy Hours": free face-to-face counselling sessions with a psychologist. Sessions focus on helping the student develop solutions to their problems (stress, depression, sleep, self-confidence...). The first appointment can be extended to a multi-session plan. Some universities run the sessions as a drop-in while others require a booked appointment. More information on the Apsytube website.</p> <p>The opening times, psychologists, and languages available at each Happsy Hour depend on the university. The ones where English is available are listed on the left. More info on the website.</p>	<p>More info on Happsy Hours: https://www.apsytude.com/fr/apsytude/nos-actions/happsy-hours/</p> <p>Map of all Happsy Hours, dates and times: https://www.apsytude.com/fr/ou-sommes-nous/happsy-hours/</p> <p>Book an appointment : https://www.apsytude.com/fr/prendre-rendez-vous/ 06 27 86 91 83 rdv.apsytude@gmail.com</p>
<p>SUMPPS de l'université de Bretagne Occidentale (UBO)</p> <p>UBO students and others students from UBO's school partnerships : IFCI Brest, IFCI Morlaix, IFCI Quimper, INIB, Beaux-arts Brest et Quimper.</p> <p>French, English</p>	<p>Open Monday to Thursday at 9 a.m. to 5 p.m and on Friday from 9 a.m. to 4 p.m.</p> <p>Social, psychological or medical care, by phone and face-to-face consultation.</p> <p>You must book an appointment to meet a health worker as a psychologist or a psychiatrist.</p>	<p>0298018288</p> <p>directeur.sumpps@univ-br est.fr</p>
<p>SUMPPS de l'université de Bretagne Sud (UBS)</p>	<p>The SUMPPS is joignable by mail, telephone for social, psychological or medical support.</p>	<p>Campus of Vannes contact: 02 97 01 27 21 sante.handicap.vannes@listes.univ-ubs.fr</p>

<p>Access to medical and psychological services for the UBS and the EESAB students.</p> <p>Access to social services for each student.</p> <p>French, English</p>	<p>For any medical visits and psychological interviews, you have to make an appointment. They can take place on site or by call.</p> <p>In case of emergency, call 15.</p> <p>The social service is available only on appointment by phone.</p> <p>In case of emergency, call 115.</p>	<p>Campus of Lorient-Pontivy contact: 02 97 87 45 99 sante.handicap.lorient@listes.univ-ubs.fr</p> <p>UBS' SUMPPS website: https://www.univ-ubs.fr/fr/vie-des-campus/campus/ai-des-aux-etudiants.html</p>
<p>SSE de l'université de Rennes 2</p> <p>Available for Université Rennes 2 students, medical students and for students in other schools in partnership with Université Rennes 2 (as IEP, ENSCR, Agrocampus Ouest, Insa de Rennes, Beaux Arts de Rennes, Ecole d'Architecture de Rennes, Ensai, Ifpek etc)</p> <p>French, English</p>	<p>Open Monday to Friday, at 8:30 a.m. to 5 p.m.</p> <p>The Service de Santé des Étudiant·e·s (SSE) offers various services: meeting with a psychologist, a social worker, or a health worker, possibility of a medical examination etc.</p> <p>To obtain a meeting with a psychologist, you have to make an appointment by calling the SSE of your campus. At first they would put you in contact with a nurse, who will explain to you the next steps of the process.</p> <p>More info on their website.</p>	<p>Campus Villejean - Rennes: 02 23 23 70 85 02 23 23 70 86</p> <p>sse@univ-rennes1.fr</p> <p>Address: SSE université Rennes 2, bâtiment Ereve (R) 2ème étage, 35000 Rennes</p> <p>SSE de l'université Rennes 2 contacts: https://sse.univ-rennes.eu/antennes/campus-de-villejean-rennes</p> <p>SSE website: https://sse.univ-rennes.eu/resentation-generale</p>
<p>SSE de l'université de Rennes 1</p> <p>Rennes 1 university students.</p> <p>French, English</p>	<p>Open Monday to Friday, from 8:30 a.m. to 5 p.m.</p> <p>The Service de Santé des Étudiant·e·s (SSE) offers various services: meeting with a psychologist, a social worker, or a health worker, possibility of a medical examination etc.</p> <p>To obtain a meeting with a psychologist, you have to make an appointment by calling the SSE of your campus. At first they would put you in contact with a nurse, who will explain to you the next steps of the process.</p>	<p>02 23 23 55 05</p> <p>sse@univ-rennes1.fr</p> <p>Address: SSE campus de Beaulieu, 243 Avenue Général Leclerc, bâtiment 21, 35000 Rennes</p>

More info on their website.

CMP

The Centres Médico-Psychologiques, to which you are attached depending on your place of residence (sector), are often able to offer support, see below.

CMP de Auray

For adult students of the Auray area

French, English

Open Monday to Friday from 8:30 a.m. to 5:30 p.m.

Offer psychological care.

Necessary documents : ID card, health card (carte vitale)

In case of an emergency, it's possible to go directly to the medical center.

02 97 50 81 50

Address: 19 rue Général La Houlle à Auray

CMP de Vannes

For adult students of the Vannes area

French, English

Open Monday to Friday from 8:30 a.m. to 5:30 p.m.

Offer psychological care. You must book an appointment before going to the medical center.

Necessary documents : ID card, health card (carte vitale)

In case of emergency, it's possible to go directly to the center.

02 97 62 21 00

Address: 2 Rue Constant Reynier, 56000 Vannes

CMP de Sarzeau

For adult students of the Sarzeau area

French, English

Open Monday to Friday from 8:45 a.m. to 5 p.m.

Offer psychological care.

For any medical visits, you have to make an appointment by phone.

02 97 48 03 37

Address: 18 rue Saint Jacques, 56370 Sarzeau

	<p>Necessary documents : ID card, health card (carte vitale)</p> <p>In case of an emergency, it's possible to go directly to the medical center.</p>	
<p>CMP/CATTP de Muzillac</p> <p>For adult students of the Muzillac area</p> <p>French, English (other languages are also possible with an interprete)</p>	<p>Open Monday to Friday from 8:45 a.m. to 12:30 p.m. and in the afternoon at 13:45 p.m. to 6 p.m.</p> <p>Offer psychological care.</p> <p>For any medical visits, you have to make an appointment by phone.</p> <p>Necessary documents : ID card, health card (carte vitale)</p> <p>In case of an emergency, it's possible to go directly to the medical center.</p>	<p>02 97 41 58 66</p> <p>Address: 3 Rue du Stade, 56190 Muzillac</p>
<p>CMP/CATTP de Nivillac</p> <p>For adult students of the Nivillac area</p> <p>French, English</p>	<p>Open Monday to Friday from 8:45 a.m. to 5 p.m.</p> <p>Offer psychological care.</p> <p>For any medical visits, you have to make an appointment by phone.</p> <p>Necessary documents : ID card, health card (carte vitale)</p> <p>In case of an emergency, it's possible to go directly to the medical center.</p>	<p>02 99 90 66 65</p> <p>Address: 2 Rue de la Piscine, 56130 Nivillac</p>

CMP de Locminé

For adult students living in one of those towns : **Bignan, Billio, Brandivy, Buléon, Colpo, Evellys, Grand-Champ, Guéhenno, La Chapelle-Neuve, Locmaria-Grand-Champ, Locminé, Locqueltas, Moréac, Moustoir-Ac, Plaudren, Plumelec, Plumelin, Saint-Allouestre, Saint-Jean-Brévelay.**

French, English

Open Monday to Friday from 8:45 am. to 6:00 pm.

Offer psychological care.

For any medical visits, you have to make an appointment by phone. The psychological care can be by phone or directly on site.

Necessary documents : ID card, health card (carte vitale)

02 97 61 02 22

Address: 47 Rue de Saint-René, 56500 Locminé