



Academy of Versailles

Support services in English for students

Updated November 2021 - www.student-support.info

<p>Nightline Saclay</p> <p>All students</p>	<p>A nocturnal listening and chat service, operated for students and by other students. Open from Thursday to Monday from 9 pm until 2.30 am.</p>	<p>01 85 40 20 00</p> <p>https://www.nightline.fr/en/en/saclay</p>
<p>BAPU Pascal</p> <p>All students</p> <p>French, English, German, Spanish, Hebrew</p>	<p>On site psychological consultation. Note that to enter the building, you have to have your health pass (pass sanitaire).</p> <p>Book an appointment after calling the secretariat :</p> <p>Monday, from 9 a.m to 5 p.m Tuesday, wednesday, thursday, from 9 a.m to 7p.M Friday, from 9 a.m to 6 p.m Saturday from 9a.m to 1 p.m</p>	<p>01 43 31 31 32</p> <p>bapu.pascal@fsef.net</p>
<p>BAPU Claude Bernard</p> <p>Students 20 to 27 years old</p> <p>French, English</p>	<p>Phone line open from 10a.m. to 4p.m.. All professionals remain available to respond to students' requests, but can also preventively call students who present a worrying situation.</p>	<p>01 43 37 16 16</p>
<p>BAPU Luxembourg</p> <p>All students</p> <p>French, English, Spanish, Italian, Romanian</p>	<p>On site psychological consultation.</p> <p>For any request: send an email. A member of the team will respond quickly.</p>	<p>bapu.paris@croix-rouge.fr</p>

<p>SSU Paris Saclay</p> <p>For students at the Université Paris Saclay</p> <p>French, English</p>	<p>Appointments with psychiatrists available. Open Monday–Friday, 9am–5pm. To get an appointment, call or send an email.</p> <p>For information about the different SSU centres: https://www.universite-paris-saclay.fr/vie-de-campus/medecine-preventive</p> <p>For information and contact details for the psychologists: https://www.universite-paris-saclay.fr/consultation-avec-une-psychologue</p>	<p>sante-etudiants@universite-paris-saclay.fr</p> <p>01 69 15 65 39</p>
<p>ENSTA/École Polytechnique</p> <p>For students at the ENSTA (all programmes), and students at the École Polytechnique (Bachelor programme only)</p> <p>French, English</p>	<p>Anne Mortureux, a psychologist, is available for free appointments exclusively for students in the categories listed on the left. Her contact details are available on the school intranet, and her email is indicated on the right.</p> <p>Pre-booked appointments during the week from 9am to 7:30pm, with both in-person and remote possible.</p>	<p>anne.mortureux@ensta.fr</p>
<p>APASO 91</p> <p>Students living or studying in Essonne (91)</p> <p>French, English, Spanish, Italian</p>	<p>Free appointments with psychiatrists, mostly in-person but remote also possible if needed.</p> <p>Sessions are held:</p> <ul style="list-style-type: none"> - Monday to Friday at the APASO office (4 avenue de France 91300 Massy - Tuesday afternoon at the Université d'Evry - Thursday afternoon at the Résidence CROUS Les Rives de l'Yvette (campus building 233 - Rue Coubertin 91440 Bures sur Yvette) - Friday morning at the Résidence CROUS La Pacaterie (campus building 499 - Rue de la Pacaterie 91400 Orsay) <p>To book an appointment, contact the APASO by phone or email (see next column).</p>	<p>etudiants91@apaso.fr</p> <p>0805 829 130 (free number)</p> <p>www.apaso.fr</p>

Santé Psy Étudiant

All students

French, and other languages
depending on the psychologist

Government-funded initiative allowing any student at a French higher education institution to access three free therapy sessions with a psychologist, repeatable once (so a maximum of six sessions per student). The sessions are free—you don't have to pay them forward.

To access this free support, students must first get a referral letter from a doctor/GP (not necessarily from their university health service, they can be private as well).

A list of psychologists participating in the initiative is available on the government website. Each psychologist has provided information about the languages they speak, their contact details, and their remote therapy availability.

More information and the list of psychologists :
<https://santepsy.etudiant.gouv.fr/>